HORARIOS DE PRACTICAS DEPORTIVAS EN EL ESTADIO ARENAS UNCAUS

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| HORA | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES |
| **13:00 A 14:00** | **-----** | **MAXI VOLEY FEM.** | **-----** | **MAXI VOLEY FEM.** | ----- |
| **14:00 A 15:00** | **VOLEY FEM. PRIMERA** | **MAXI VOLEY FEM.** | **VOLEY FEM. PRIMERA** | **MAXI VOLEY FEM.** | **VOLEY FEM. PRIMERA** |
| **15:00 A 16:00** | **VOLEY FEM. PRIMERA** | **FUTBOL PARA CIEGOS** | **VOLEY FEM. PRIMERA** | **FUTBOL PARA CIEGOS** | **VOLEY FEM.****PRIMERA** |
| **16 a 18:00** | **BASQUET****PRIMERA** | **BASQUET****PRIMERA** | **BASQUET****PRIMERA** | **BASQUET****PRIMERA** | **BASQUET****PRIMERA** |
| **18:00**  | **BASQUET PREMINI -MINI** | **BASQUET****MOSQUITO** | **BASQUET PREMINI-MINI** | **BASQUET****MOSQUITO** | **BASQUET PREMINI-MINI** |
| **19:00** | **BASQUET****MOSQUITO****(6 / 7 AÑOS)** | **VOLEY FEM. FORMAT.****6 a 13 años** | **BASQUET****MOSQUITO** **(6 / 7 AÑOS)** | **VOLEY FEM. FORMAT.****6 a 13 años** | **BASQUET****MOSQUITO** **(6 / 7 AÑOS)** |
| **20:00** | **BASQUET** | **HANDBALL** | **BASQUET** | **HANDBALL** | **BASQUET** |
| **21:00** | **BASQUET** | **HANDBALL** | **BASQUET** | **HANDBALL** | **BASQUET** |
| **22:00** | **VOLEY MASC.****PRIMERA** | **HANDBALL** | **VOLEY MASC.****PRIMERA** | **HANDBALL** | **VOLEY MASC.****PRIMERA** |

HORARIO DE ENTRENAMIENTOS SUM, TRIBUNAS Y GIMNASIO (ESTADIO ARENAS UNCAUS)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| HORA | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES |
| **15:30 a 17:00** | **CULTURA15 A 17** |  | **CULTURA****15 A 17** |  |  |
| **17:00 a 19:00** | **BARIATRICA** | **BARIATRICA** | **BARIATRICA** | **BARIATRICA** |  |
| **DETRÁS DE LAS TRIBUNAS****17:00 A 20:00 HS****19:15 A 20:15 HS** | **GIMNASIA ARTISTICA****19:15 - 20:15** | **GIMNASIA ARTISTICA 17:00 - 20:00**  | **GIMNASIA ARTISTICA** **19:15 – 20:15** | **GIMNASIA ARTISTICA 17:00 – 20:00** | **GIMNASIA ARTISTICA 19:15 – 20:15** |
|  |  |  |  |  |  |
| **19:00 A 20:30** |  | **KICKBOXING** |  | **KICKBOXING** | **KICKBOXING** |
| **20:30** | **KARATE DO** | **20:30** | **KARATE DO** | **20:30** | **KARATE DO** |
| **20:30 a 22:30** | **POWER LIFTING**  | **POWER** **FTING** | **POWER** **LIFTING** | **POWER** **LIFTING** | **POWER LIFTING** |
| **20:00 a 22:00** | **BOXEO** | **BOXEO** | **BOXEO** | **BOXEO** | **BOXEO** |